

**TREATMENT START DATE MAY CHANGE DUE TO POTENTIAL INSURANCE  
AUTHORIZATION DELAYS**

Your first radiation treatment appointment will be a set time. The radiation therapist will schedule a regularly occurring, daily appointment on your first day of treatment. We will do our best to give you a time that best matches your schedule. This time will be your appointment time for the duration of treatment. However, if you have any other appointments that conflict with your daily appointment, we will be happy to accommodate. Let your therapists know right away so they can find a more suitable time for you. Treatments are Monday through Friday, and each treatment lasts approximately 10 to 15 minutes. You will see your radiation oncologist once a week for a check-up. There are, on occasion unforeseen circumstances which can cause a delay in treatment. We will make every effort to call you as soon as possible. Please arrive 5-10 minutes prior to your treatment time each day.

\_\_\_\_\_ Every Monday you will see Dr. Devisetty

\_\_\_\_\_ Every Tuesday you will see Dr. Pederson

\_\_\_\_\_ Every Wednesday you will see Dr. Hasselle

**CARING FOR YOUR SKIN DURING TREATMENT**

Radiation treatments may cause changes to the skin in the area that is receiving the radiation. These changes, which are most frequently reported as red, dry, tanned, peeling or itchy skin, can occur 1 to 3 weeks after treatment begins. Avoid scratching the skin, even if it itches. In most cases, these changes will resolve about 3 weeks after the completion of your radiation. Please notify your radiation team for skin changes, especially if the area is blistered, swollen, tender or moist.

- Wear loose, soft clothing. Avoid bras and tight-fitted clothing.
- Do not apply adhesive tape, medicated patches, or adhesive bandages to the treated area
- Do not use any creams/lotions in the treated area unless prescribed by your radiation oncologist
- Do not apply perfumes/fragrances
- If you shave, use an electric razor
- Avoid applying extreme heat or cold to the treated area (heating pad, ice packs, hot water bottles)
- Limit exposure to hot or cold weather
- Apply PABA-free sunscreen with SPF 15 or greater if planning to be out in the sun for longer than 10 minutes
- Take very short baths or showers no more than once per day with lukewarm water
- Do not rub, scrub, or massage the treated area
- Use mild, basic soap
- Take special care NOT to remove the ink marks on the skin

**\*\*IF YOUR INK MARKS ARE FADING, LET YOUR THERAPIST KNOW RIGHT AWAY**

**\*\*IF YOUR CLEAR TAPES ARE COMING OFF, PUT A BAND-AID OVER THE TAPE AND LET YOUR THERAPIST KNOW RIGHT AWAY.**